



## IC Memorandum 15-31

To: KEHP Insurance Coordinators (ICs)  
From: Department of Employee Insurance (DEI)  
Re: 15-Day Dash  
Date: October 8, 2015

Commonwealth of Kentucky  
Personnel Cabinet  
Department of Employee Insurance  
2<sup>nd</sup> Floor, State Office Building  
501 High Street  
Frankfort, Kentucky 40601

Website [kehpn.ky.gov](http://kehpn.ky.gov)

The inaugural KEHP 15-Day Dash ended on September 30. Over 11,000 KEHP members participated.

Combined, KEHP members walked more than **1.7 billion steps**, enough to circle the earth 32 times!

Below is the link to the results from our 15-Day Dash. This proved to be a tremendous success in terms of participation and engagement. Not only was there healthy competition but also a sense of community spirit to increase physical activity.

We hope to continue engaging our members in events such as this in the future.

<https://livingwell.ky.gov/Pages/dashwinners.aspx>

Thank you for your continued support.

